Common Sounds

This decibel (dB) table compares some common sounds and shows how they rank in potential harm to hearing.

Sound	Noise Level (dB)	Effect
Boom Cars	145	
Jet Engines (near)	140	
Shotgun Firing Jet Takeoff (100–200 ft.)	130	
Rock Concerts (varies)	110-140	Threshold of pain begins around 125 dB
Oxygen Torch	121	
Discotheque/Boom Box Thunderclap (near)	120	Threshold of sensation begins around 120 dB
Stereos (over 100 watts)	110-125	
Symphony Orchestra Power Saw (chainsaw) Pneumatic Drill/Jackhammer	110	Regular exposure to sound over 100 dB of more than one minute risks permanent hearing loss
Snowmobile	105	
Jet Flyover (1000 ft.)	103	
Electric Furnace Area		No more than 15 minutes of unprotected exposure
Garbage Truck/Cement Mixer	100	recommended for sounds between 90–100 dB
Farm Tractor Newspaper Press	98 97	
Subway, Motorcycle (25 ft.)	88	Very annoying
Lawnmower, Food Blender	85-90	85 dB is the level at which hearing damage
Recreational Vehicles, TV	70-90	(8 hrs.) begins
Diesel Truck (40 mph, 50 ft.)	84	Anne in interference it and another
Average City Traffic Garbage Disposal	80	Annoying; interferes with conversation; constant exposure may cause damage
Washing Machine	78	constant exposure may cause damage
Dishwasher	75	
Vacuum Cleaner, Hair Dryer	70	Intrusive; interferes with telephone conversation
Normal Conversation	50-65	1
Quiet Office	50-60	Comfortable hearing levels are under 60 dB
Refrigerator Humming	40	
Whisper	30	Very Quiet
Broadcasting Studio	30	
Rustling Leaves	20	Just audible
Normal Breathing	10	
		The threshold of normal hearing starts at about 1000 to 4000kHz.

